Autism Navigator® for Primary Care

About the Course

Course Audience

Autism Navigator for Primary Care is an online course for providers who work with the general pediatric population. This includes physicians and other healthcare providers in primary care, service coordinators and other team members in early intervention making decisions about eligibility, as well as child development specialists in early learning programs who screen and make referrals. This interactive webbased course is designed to increase the capacity for universal screening in primary care settings to improve early detection of ASD, make referrals for children with or at risk for ASD, and help families access resources, support, and early intervention sooner.

Course Content

Autism Navigator for Primary Care is an 8-hour online self-paced course that uses interactive slides with audio narration, closed captions, and illustrative video clips. You also have links to web resources, research briefs, supporting documents to help you learn and apply the information, and documents to share with families. Our Primary Care course uses an unparalleled video library with more than two dozen different toddlers with autism, most 18 to 24 months of age. Video clips illustrate core diagnostic features, key social communication milestones and early signs of ASD, how to gather and share information with families, and evidence-based early intervention strategies and supports used by families of toddlers with autism in everyday activities. Each video player contains sets of video clips that compare and contrast features across children, families, or contexts with commentary that recaps key points and highlights critical behaviors.

The course is comprised of 6 units that range from 15 minutes to 3 hours of content for a total of 8 hours. We have developed the content to build across units, but you can decide which order you want to go through the units or the slides and video players within a unit, and how much of the content you want to complete. We hope you will return to the course later as a resource to watch more or to use the tools when you need the information with families you serve.

1) Core Diagnostic Features	4) Collaborating with Families
2) Prevalence and Causes	5) Screening and Referral
3) Early Detection	6) Early Intervention Basics

JumpStart to Autism Navigator for Primary Care

Pressed for time? Our 90-minute Jump-Start Unit is an abridged or "lite" version of the full course, designed to help you learn about the red flags of autism and how to engage families in screening, referral, and early access to care. Jump-Start is for busy professionals who want the meat of the Primary Care course first, and then can come back later to watch Units 1 to 6 for more detail and to earn up to 8 hours of CMEs or CEUs.

The course provides information about the SoCo CheckUp, an online screening tool designed as a universal screen for communication delay and autism for children 9 to 30 months in primary care settings based on parent report. You will learn about the collection of Autism Navigator online courses tools, and resources available to families who are screened with the SoCo CheckUp and how these support partnerships among primary care, early intervention, early learning, and families. Our e-learning platform includes a printed script of the content for each unit that you can download. At the end of each unit, you will complete a brief Check Your Knowledge activity. You can also complete a Learner Assessment with multiple-choice questions about information presented in each unit. You can then download or print a certificate of completion for each unit. Your Autism Navigator certificate of completion can be used to claim Continuing Medical Education (CME) or other continuing education units.

The Bells and Whistles that Come with the Course

Providers with an annual subscription who complete Autism Navigator for Primary Care can apply to use the SoCo CheckUp and FIRST WORDS Project E-Co-System in their practice or agency. Families screened with the SoCo CheckUp are invited to the online portal with links to the Seamless Path to 5 online resources. All families are invited to (1) the 16 by 16 Lookbooks and (2) the Social Communication Growth Charts. Families with a positive screen for autism are invited to (3) About Autism in Toddlers and (4) the ASD Video Glossary. An annual subscription to Autism Navigator for Primary Care, up to 20 seats in the (5) How-To Guide for Families, a value of $500 per seat, to be used to invite 20 families with a positive screen for autism who are ready to get started supporting their child's learning.

For individual and group pricing information, email sales@autismnavigator.com or call 1-844-427-3457 | 1-844-4ASDHLP

What You will Learn from Autism Navigator® for Primary Care

Unit 1: Core Diagnostic Features (30 minutes)
- Core diagnostic features of autism spectrum disorder (ASD) based on the DSM-5
- Video illustrations to help you recognize diagnostic features in young children
- Why ASD can be easy to miss if you don't look at the combination of features
- How the diagnostic features impact individuals with ASD across the lifespan

Unit 2: Prevalence and Causes (15 minutes)
- Current information on prevalence of autism is increasing and what causes autism
- Web resources to stay up-to-date and share information on this topic with families

Unit 3: Early Detection (2 hours)
- Key social communication milestones in infants and toddlers in 5 developmental domains—play, language, social interaction, emotional regulation, and self-directed learning
- How the early signs of autism unfold and impact development and learning in these 5 developmental domains
- How to differentiate late bloomers from late talkers with persisting language problems
- Importance of early gestures and what are the 16 gestures that all children should have by 16 months
- What are 22 red flags of ASD in toddlers in the core diagnostic domains to improve early detection in primary care
- Video illustrations to practice observing these early red flags for ASD in toddlers

Unit 4: Collaborating with Families (1 hour)
- Impact of autism on the family and the range of responses that families experience
- Family perspectives on learning their child may have autism and the impact on the family when early signs are missed
- Having difficult conversations with families and how to identify touch points to guide these conversations
- Professional perspectives on how to build consensus with families on the early signs and promote ongoing collaborations with families

Unit 5: Screening and Referral (1 hour and 15 minutes)
- Recommended guidelines for screening and developmental surveillance and reasons why detection rates are so low
- Considerations for choosing the most accurate tools for broadband and autism-specific screening in primary care
- How the Smart ESAC can improve early detection in primary care
- Important role of primary care and the medical home in screening, referral to determine eligibility and for further evaluation, and follow-up for ongoing support
- How Autism Navigator online resources and tools can help support partnerships with families and providers to improve early detection and access to early care

Unit 6: Early Intervention Basics (3 hours)
- Why learning in everyday activities in the natural environment is so important to achieve the intensity needed for toddlers with ASD
- Critical ingredients of evidence-based early intervention for toddlers with ASD
- The components of active engagement to prioritize intervention outcomes for toddlers with ASD
- The components of transactional supports for families to embed in everyday activities to promote active engagement
- Video illustrations of change with intervention from 18-36 months of age for 8 toddlers with ASD and their families
- What are early intervention services and how a family can get started in early intervention and find resources